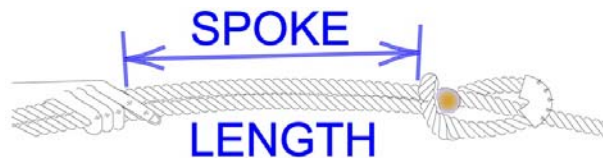


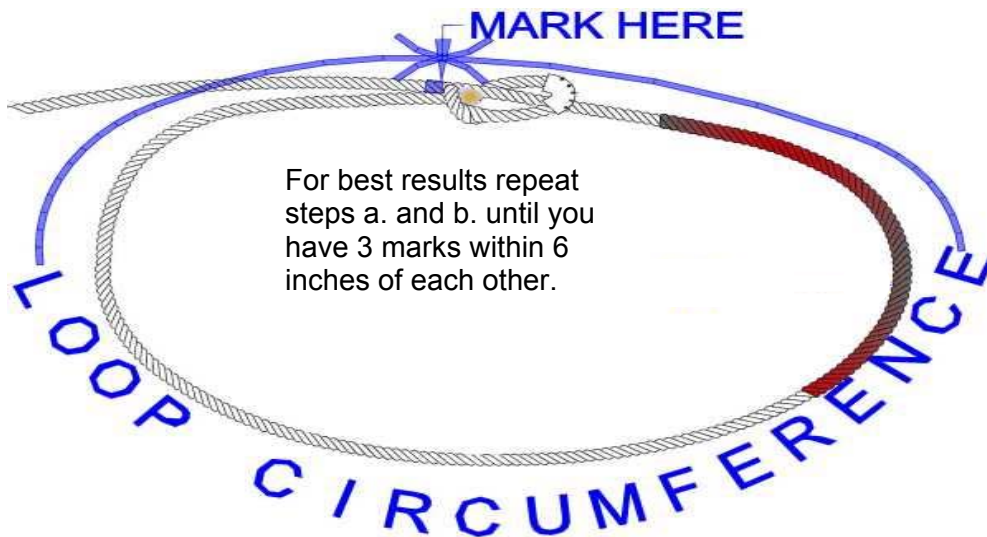


## HOW TO DETERMINE YOUR REVOLUTION LOOP SIZE (RLS™)

1. Measure your **Spoke Length**. This is found by measuring the distance from the back of the honda knot to the middle of your forefinger where you normally hold your loop.



2. Measure your **Loop Circumference**. This is found measuring the length of the rope from the back of the honda all the way around to the point on the loop adjacent to the back of the honda knot. Follow these three steps to measure circumference:
  - a. Build the loop the size that you would **throw**, not the size you start with. *If you swing and feed, be sure not to un-feed or draw your loop back in before you measure!*
  - b. Mark the rope where it crosses the honda knot:



- c. Now uncoil your rope and measure the distance from the back of the honda to the average location of the marks, plus or minus an inch or two. *This does not have to be perfect.*



3. Now use the Revolution Loop Sizing Chart® to determine your loop size. To use the chart, locate your spoke length on the top row. Then follow that column down until it intersects with the row that corresponds to your loop circumference. The number located at the intersection is your loop size!

